



Hove Methodist Church

Hove Methodist Church

Portland Road Hove BN3 5DR

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Minister: Rev Andy Lowe

Sunday 8 January

10.30 Communion Service with Rev Andy Lowe

Steward	Donald and Jane
Music	Paul
AV	Ian
Reader	Sandy

Flowers this week have been given by Rose

6.30 Thinking Aloud Allowed

If you would like the link to this please email Andy

Previous services are available on Youtube at: <https://www.youtube.com/channel/UCCm05631kHuZqUbYm2xVwUQ>



Prayer

Let the fragrance of your glory draw us into your presence, O Christ.

Let the perfume of your love be our salvation

And let the scent of your sacrifice bring us your blessing.

Amen.

Aelred of Rievaulx (c.1110 - 1167)

**HMC Mission: To share the love of God, as revealed by Christ,
through the Holy Spirit**

Week ahead: 9 - 16 January

Mon 9 **2.30 Monday Guild** - Andy Lowe
Tues 10 **Lunch Club** in the Hall
Weds 11 **2.30 Drop-in session at Georgies in George St**
Thurs 12 **10.30 Midweek Communion** with Rev Andy Lowe
Lunch Club in the Hall
Friday 13 **10.00 Chatty Café** in the Sanctuary
1.30 Polka Tots

Sunday 15 **10.30 Sunday Worship** with Jonathan Gravestock



Church Flowers

Thank you to everyone who has given flowers during the past year. The beautiful flowers are very much appreciated in church on Sunday mornings. They are very cheering as they are delivered to members who are not well. If you would like to contribute this year, the calendar for 2023 is available on the notice board in the church. Thank you to my colleagues Lucy and Jenny who have arranged the beautiful flowers.

If you would like more information, please speak to Pat Hill or email pathill36@sky.com. **Pat Hill**

Worship stewards

Yes, we need a few more people to come and help prepare for service on Sunday mornings. It's fairly simple, moving chairs about, putting hymn numbers up on the board and welcoming people to the service. We are also planning to train people up on the AV desk in the next month, so if you're interested, have a word with Andy or one of the Leadership Team.

Coffee Rota

At the moment we do not have a coffee rota for Sundays and we are very grateful to those who have just stepped up to make drinks and make sure biscuits etc are available and who do the washing up afterwards. If there is someone who would like to be responsible for working out and maintaining a rota then please speak to the office or a member of the Leadership team and similarly if you are willing to be on the rota do let us know.

Next week's edition will include a fuller report with pictures of our Christmas Day Meal.

Email Scams

I expect many of us have received emails which have turned out to be not what they seemed and sometimes they can lead into tricky or bad situations which may even cause us to lose out financially. Very often these scam emails seem to come from people we know who are asking for help. Please be wary of them and if in any doubt it is much better to ring the person they are supposedly from and check out the situation. Below are a few things to look out for if you get an email you are concerned about.

1. Emails Demanding Urgent Action

Emails threatening a negative consequence, or a loss of opportunity unless urgent action is taken, are often phishing emails. Attackers use this approach to rush recipients into action before they study the email for potential flaws or inconsistencies.

2. Emails with Bad Grammar and Spelling Mistakes

Another way to spot phishing is bad grammar and spelling mistakes.

3. Emails with an Unfamiliar Greeting or Salutation

Emails exchanged between work colleagues usually have an informal salutation. Those that start "Dear," or contain phrases not normally used in informal conversation with that person should arouse suspicion.

4. Inconsistencies in Email Addresses, Links & Domain Names

Another way how to spot phishing is by finding inconsistencies in email addresses, links and domain names. Does the email originate from someone you correspond with often? If so, check the sender's address against previous emails from them. Even if it does look the same it is not a guarantee.

5. Suspicious Attachments

Emails with attachments should always be treated suspiciously – especially if they have an unfamiliar extension or one commonly associated with malware (.zip, .exe, .scr, etc.).

6. Emails Requesting Login Credentials, Payment Information or Sensitive Data

Emails originating from an unexpected or unfamiliar sender that request login credentials, payment information or other sensitive data should always be treated with caution.

7. Too Good to Be True Emails

Too good to be true emails are those which incentivize the recipient to click on a link or open an attachment by claiming there will be a reward of some nature. If the sender of the email is unfamiliar or the recipient did not initiate the contact, the likelihood is this is a phishing email.

If in doubt don't respond to the email but contact the person by phone. Be aware it is easy to be caught out.

Home front:

- Peter Bowles is still in a nursing home after his stay in hospital but is improving. They need to make sure he can manage the stairs before coming home.
- Vera and George are both struggling with their health at this time.
- Jean Hunter died peacefully on 22 December. Her funeral will be at the Downs Crematorium on 18 January at 11am. We think of Bill, her nephew, and all her friends and family.
- Having mentioned Alan and Barry's birthday in last Newsnotes we had missed the fact that Bob Hinton and Bob Smart also had birthdays in the same week, Happy Birthday to them both.
- Congratulations to Lou Gibson who has a place at Chichester University where she will read Creative writing and History.
- JJ has signed up for Run the Month: Marathon Edition! This raises funds for Prostate Cancer research. If you would like to sponsor him then you can find more information at:

<https://runthemothme.prostatecanceruk.org/fundraising/jjs-run-the-month-challenge>

Monday Guild Christmas Party

A few pictures from the Monday Guild Christmas party which had entertainment with carols from Geoff Harrington.



A Winter Warmer afternoon

On Saturday 28 January 2023 'the cheer up mollys' will be bringing their unique style to entertain us. Come and join us for warmth, fun, great music and refreshments and possibly a Mince Pie... Doors open at 2.30pm and the music begins at 3pm Suggested donation of £5 per person in aid of Flourish Mentors, a charity run by Jacqui's daughter, Deborah, to help young women to grow and thrive.

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Winter Warmer

Saturday 28th January, 3pm

Join us for a cosy afternoon of tea, cake, and feel-good folk, acoustic, and Americana music with local band **The Cheer Up Mollys**. Everyone welcome.

Suggested donation £5 - raising funds for **Flourish Mentors** - mentoring every young woman to grow and thrive

The cheer up mollys

"An infectious blend of wonderful melody, harmony, musicianship, humour and above all, great entertainment."
Flourish Roots

Doors open 2.30pm
Music starts 3.00pm

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